

Knit Garment Sewing

Sewing Knit Garments: 2-Week Intensive Workshop

Level: Intermediate/experienced sewists who have used an overlocker

This two-week workshop focuses on the techniques and skills required to successfully sew professional-quality garments using knit fabrics. Students will explore knit fabrics, pattern considerations, and stabilization methods while using the overlocker and sewing machines for knit construction.

Through the creation of a knit garment, the student will learn knit techniques for sewing seams, applying neckbands/cuffs, inserting sleeves and finishing stretch fabric edges

By the end of the class, participants will have completed a knit garment and gained the confidence to work with knit fabrics in future projects.

Duration: 2 Weeks

Skill Level: Intermediate to Advanced (experienced sewers)

Project: Complete a knit garment from start to finish

Focus Areas: Fabric selection, stretch sewing techniques, overlocker use, and professional finishing methods

Machines Used: Overlocker & Straight Sewer

The school has sewing machines and some overlockers (threaded up in black or white threads only). Students are welcome to bring their own machine(s) which will be threaded up in own threads, with ballpoint needles (sizes 80, 90 depending on fabric thickness) and in good working order. Please remember to bring: foot pedals, bobbins, bobbin case, spare needles.

Please let us know if you need to borrow one so that it can be booked in advance.

As part of the course learnings, be prepared to:

- Make some adjustments to the pattern (if necessary) for knit sewing techniques
- Do some 'homework' (pattern or sewing work at home) during this course (depending on style) if necessary.
- Choose one of the following styles to make:

Pullover Hoodie with rib hem band and sleeve cuffs	Sweatshirt or long or short sleeved T-Shirt	Trackpants or Leggings	
 Front view	 		



The pattern must be tutor approved prior to attending the class.

No styles that require a zip, darts, buttons & buttonholes or other closures can be accommodated.

Pockets may be accommodated dependent on approval.

If unsure about a suitable style(or if you have any queries regarding the course or course materials please contact the tutor via Tawa College Community Education co-ordinator.

COURSE INFORMATION:

Knit Sewing Kit List